

# Iechyd a Gofal Cymdeithasol

## Bwrdd Arholi

CBAC

## Crynodeb o'r Cwrs

Mae'r cwrs yn eich annog i

- ddatblygu a chynnal diddordeb mewn iechyd, gofal blynnyddoedd cynnar ac addysg, gofal cymdeithasol a materion sy'n effeithio ar y sector gofal
- datblygu sgiliau a fydd yn eich galluogi i wneud cyfraniad effeithiol i'r sector gan gynnwys sgiliau ymchwil a datrys problemau

## SGILIAU'R PWNC

- datblygu a chynnal diddordeb mewn iechyd, blynnyddoedd cynnar, gofal cymdeithasol a materion sy'n effeithio ar y sector gofal
- ennill gwybodaeth a dealltwriaeth
- datblygu sgiliau fydd yn eich galluogi i wneud cyfraniad effeithiol i'r sector gofal

## Dull / Manylion Asesu

|         | UNED | CYNNWYS   | ASESU                             |
|---------|------|---|-----------------------------------|
| UG      | 1    | <b>HYBU GOFAL O SAFON A CHYFATHREBU</b><br>Mae'r uned yma yn edrych ar ffactorau sy'n effeithio ar ansawdd bywyd. Mae'r uned yn cynnwys:- Egwyddorion gofal; Sgiliau a thechnegau gofal; Cyfathrebu; Rhwystrau; Hawliau   | Asesiad allanol (Arholiad 1½ awr) |
|         | 2    | <b>HYBU IECHYD DA</b><br>Mae'n cynnwys:- Perspectifau ar lechyd a Lles; Ffactorau sy'n effeithio ar lechyd; Mesurau i osgoi salwch; Rolau swydd gweithwyr mewn hyrwyddo lechyd; Technegau a ddefnyddir o fewn hyrwyddo lechyd; Creu ymgyrch iechyd—gweithio mewn grŵp   | Asesiad fewnol (Portffolio)       |
| UWCH A2 | 7    | <b>DARPARIAETH IECHYD, GOFAL CYMDEITHASOL A GWASANAETHAU PLANT</b><br>Mae'r uned yma yn edrych ar brif wasanaethau iechyd, gofal a chymdeithasol sydd ar gael i unigolion. Mae'r uned yn cynnwys:- Darpariaeth gwasanaeth yn yr ardal leol, Bodloni anghenion unigolion, Rolau ymarferwyr, Sicrhau ansawdd, Polisiau a deddfwriaeth | Asesiad Allanol (Arholiad)        |
|         | 9    | <b>GWEITHIO MEWN IECHYD A GOFAL CYMDEITHASOL</b><br>Mae'r uned yn cynnwys:- Prif sectorau cyflogaeth, Rolau swydd ymarferwyr, Cymwysterau ar sgiliau, Sgiliau a thechnegau gofal i gwrdd ag anghenion unigolion   | Arholiad (Portffolio)             |

## Llwybrau Dilyniant / Gyraol

Mae nifer o llwybrau dilyniant ar gael i ddysgwyr sy'n cwblhau'r cwrs

- mynediad uniongyrchol i waith
- CGCau mewn Gofal
- Graddau mewn pynciau sy'n ymwneud â lechyd a Gofal Cymdeithasol
- Nyrsio/ffisiotherapi
- Agweddau o feddygaeth
- Bydwraig

# Health and Social Care

## Examination Board

WJEC

## Course Summary

The course encourages you to

- develop and maintain an interest in health, care and education of the early years, social care and matters which affect the caring sector.
- develop skills which will enable you to contribute effectively to the sector including research skills and problem solving.

### SUBJECT SKILLS

- to develop and maintain interest in health, early years, social care and matters which affect the caring sector
- to gain knowledge and understanding
- to develop skills which would enable you to contribute effectively to the caring sector

## Assesment Details / Methods

|    | UNIT | CONTENT  | ASSESSMENT                          |
|----|------|--|-------------------------------------|
| AS | 1    | <b>PROMOTING QUALITY CARE AND COMMUNICATION</b><br>This unit looks at factors which affect the quality of life. The unit includes:-Principles of Care; Care skills and Techniques; Communication; Preventions; Rights  | External Assessment (1½ hours exam) |
|    | 2    | <b>PROMOTING GOOD HEALTH</b><br>It includes:-Perspectives on health and welfare; Factors which effect Health; Measures to prevent illness; The roles of workers in promoting Health; Techniques used to promote Health; Create a Health Promotion-work as a group  | Internal Assessment (Portfolio)     |
| A2 | 7    | <b>PROVISION OF HEALTH, SOCIAL CARE AND CHILDREN'S SERVICE</b><br>This unit looks at the main health, care and social services available to individuals. This unit includes: Service provision in the local area; Fulfilling individual needs; The role of practitioners; Quality assurance; Policies and laws | External Assessment (Exam)          |
|    | 9    | <b>WORKING IN HEALTH AND SOCIAL CARE</b><br>The content of this unit includes:- the main employment sectors; job roles of practitioners; qualifications and skills needed; caring skills and techniques  | Internal Assessment                 |

## Progression Routes / Career

There are a number of options for students who complete the course

- direct entry into employment
- NVQ's in Care
- Degrees in health related subjects
- Nursing/Physiotherapy
- Aspects of Medicine
- Midwifery